



COACHING DEVELOPMENT COMMITTEE

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Table of Contents

| No | Activity | Page |
|----|--|------|
| 1 | CDC Responsibility | 03 |
| 2 | Committee Members, Provincial Coordinators & Consultant Coaches | 04 |
| 3 | Strategic Initiatives | 05 |
| 4 | Our Key Performance Indicators | 06 |
| 5 | Badminton Coaching Development Pathway | 07 |
| 6 | Course Types and Target Groups in the Sri Lanka Badminton Coaching Pathway | 08 |
| 7 | Qualification for Enrollment and Requirements to Obtain Certification | 09 |
| 8 | Short Courses for Specialized Coaching Development | 11 |
| 9 | Taxonomy of Certifications | 13 |

Role of the Coaching Development Committee in Sri Lanka's Badminton Coach Development

The Coaching Development Committee (CDC) plays a pivotal role in Sri Lanka's badminton coach development, assuming responsibility for the growth and progress of coaches within the country. This committee is dedicated to providing guidance, support, and resources to enhance the skills and capabilities of badminton coaches. By overseeing various aspects of coach development, the CDC ensures that coaches receive the necessary training, education, and opportunities to excel in their coaching careers. Through their efforts, the CDC contributes to the overall advancement and quality of badminton coaching in Sri Lanka

Committee Members

- Mr. D Buddika de Silva, VP – Chairman
- Mr. Mangala Gamage
- Mr. Lalith Perera
- Mr. Bimal Kothalawala
- Ms. Renuka Wimalasooriya
- Mr. P L N Priyadarshana Cooray

Provincial Coordinators

- | | |
|--------------------------|------------------------------|
| ● Central Province | - Mr. Dhammika |
| ● Eastern Province | - Mr. A. R. M.Sajan |
| ● Northern Province | - Mr. T Kamalan |
| ● Southern Province | - Mr. Sujeewa |
| ● Western Province | - Mr.Rajpal Salgado |
| ● North Western Province | - Mr. Chathuranga Rathnayake |
| ● North Central Province | - Mr. M.L.P.M.S. Perera |
| ● Sabaragamuwa Province | - Mr. N. M. Maddumabandara |
| ● Uwa Province | - Mr. Thilak Jayasiri |
| ● MBA | - Mr. Chandana Nilantha |
| ● NSBA | - Mr. Chamila Kurupanawala |

Consultant Coach

- Mr. Pavithra AbayasiriguBawardana
- Mr. K S Pushpakumara

*Provincial coordinators will assist in organising training courses, seminars, training sessions, and other pertinent CDC activities in respective provinces and sectors.

Strategic Initiatives

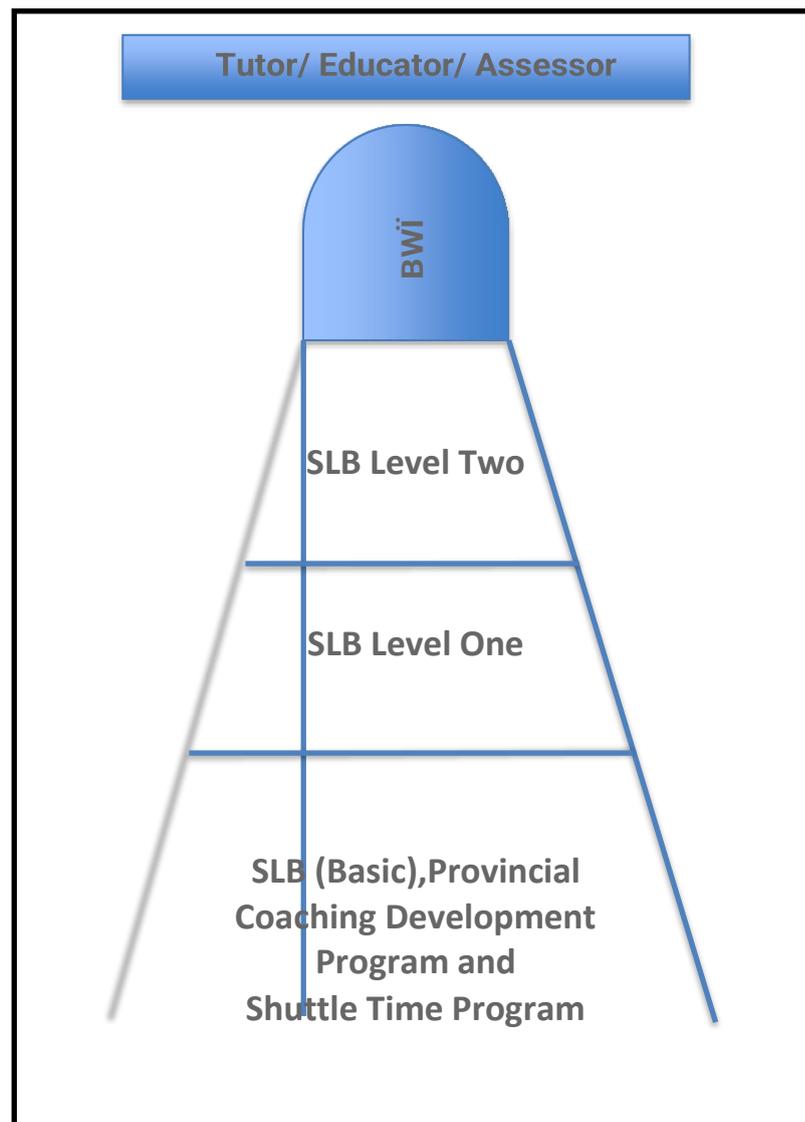
- To establish a national education and accreditation scheme for all badminton coaches in Sri Lanka.
- To provide opportunities for all coaches to undertake some form of training in badminton coaching.
- To offer basic, intermediate, and advanced training and coaching in badminton skills, tactics, management, and sports sciences to the community.
- To develop a strategic alliance with the National Institute of Sports Science (NISS) for coach development and mentoring.

Our Key Performance Indicators

- All coaches working with players in structured coach development programs to have a BWF coach qualification by 2025
- A minimum of two BWF Level 1 courses per year
- Minimum of two SLB Level 1(Foundation Coach) Courses per year as from 2023
- Minimum of two SLB Level 2(Intermediate Coach) Courses per year as from 2024
- Minimum of 180 Coaches complete the SLB Level 1 and Level 2 Courses by 2028
- Minimum of five short Courses per year starting from 2024
- Organize BWF Level 2 Courses in Sri Lanka in 2023/24
- Oversee a workforce of at least 10 people with BWF Tutor Coach qualifications to deliver BWF Level 1 Courses
- 1 BWF Level 3 course to be held by 2028
- Seminar for the badminton coaches in Sri Lanka – on an annual basis
- Annual Coach mentoring program with NISS or other partner organization
- To publish coach details on the SLB website with their qualifications

Badminton Coaching Development Pathway

The Badminton Coaching Development Pathway outlines a structured progression for coaches in the sport of badminton. This pathway encompasses various levels, from basic training to advanced certification, designed to enhance coaching skills and knowledge. Coaches can gradually advance through the pathway by meeting specific qualifications, including education, player experience, coach experience, and recommendations from respective associations. The pathway also includes specialized training programs at different levels, such as SLB (Sri Lanka Badminton) and BWF (Badminton World Federation), providing coaches with comprehensive coaching expertise. Through this pathway, coaches can develop their coaching abilities, gain recognized certifications, and contribute to the growth and development of badminton in Sri Lanka and beyond.



Sri Lanka Badminton Coaching Pathway

SLB Basic Level – Shuttle Time Program

| | |
|--------------|---|
| Target Group | Motivated candidates with or without basic badminton experience/knowledge |
| Format | Minimum of 2-day course with guided coaching practice in between |
| Content | Basic coaching principles (technical, tactical, physical) |
| Outcomes | Demonstrates basic coaching competencies. |

SLB Level 1

| | |
|-------------------------|--|
| Target Group | Motivated candidates with basic badminton experience/knowledge Teachers with badminton experience. |
| Format | Minimum of 4-day course with guided coaching practice in between |
| Content | Basic coaching principles (technical, tactical, physical), basic coaching methodology Planning and delivery of progressive coaching sessions |
| Outcomes/ Assessment | Demonstrates basic coaching competencies through effective planning, delivery, review, and evaluation of linked coaching sessions Safe management of group activities Assessed by course tutor (BWF Level 1 with coach education tutor certificate) |

SLB Level 2

| | |
|-------------------------|---|
| Target Group | SLB Level 1 coach or equivalent. Players with national/international badminton experience |
| Format | Minimum 5 days of tutored activities. Tasked and guided coaching practice and planning |
| Content | Coaching principles (techniques, technical, tactical, and physical) and knowledge Planning and delivery of annual training and competition programmes |
| Outcomes/ Assessment | Able to construct and deliver annual training and competition plans. Individual training plans and programmes underpinned by sports science principles. Effective management of groups of players up to elite performance level |

SLB Educators (Tutor / Trainers)

| | |
|-------------------------|--|
| Target Group | Coaches with existing experience in coach development or very experienced coaches with relevant competencies |
| Format | Course length appropriate to the level of award |
| Content | Relevant to the level of, award – such as: · Schools Badminton Tutors · Schools Badminton Trainers · SLB Coach Educators |
| Outcomes/ Assessment | Able to deliver to adult coaches and PE teachers catering to various learning styles and incorporating various teaching/learning techniques. High level of communication skills Assessed by BWF level 2 or higher Coach or external assessor |

Qualification for Enrollment and Requirements to Obtain Certification

SLB (Basic), Provincial Coaching Development Training Program & Shuttle Time Program:

Education: O/L (Ordinary Level)

Player Experience: None, Coach Experience: None

Service to SLB/Province/Sector: Recommendation by the respective association

SLB Level 1:

Education: O/L (Ordinary Level)

Entry Qualification: Completed SLB (Basic)/Provincial Coaching Development Training Programme or National Ranked (up to rank 16 in all five events) players (Open Event)

Coach Experience: One year after SLB (Basic) & Provincial Coaching Development Training Programme

Service to SLB/Province/Sector: Recommendation by the respective association

*To qualify as a candidate for SLB Level 1 coaching certification, individuals must successfully complete both the SLB Level 1 coaching program and the NISS (National Institute of Sports Science) Level 1 program. Completion of both these programs is mandatory in order to meet the requirements for becoming a certified SLB Level 1 coach

SLB Level 2:

Education: O/L (Ordinary Level)

Entry Qualification: Successfully completed SLB Level One (1) Training Programme or National Ranked (up to rank 8 in singles events and up to rank 4 in doubles events) players (Open Event)

Coach Experience: Two years after SLB Level 1

Service to SLB/Province/Sector: Recommendation by the respective association

*To qualify as a candidate for SLB Level 2 coaching certification, individuals must successfully complete both the SLB Level 2 coaching program and the NISS (National Institute of Sports Science) Level 2 program. Completion of both these programs is mandatory in order to meet the requirements for becoming a certified SLB Level 1 coach

BWF Level 1:

Education: O/L (Ordinary Level)

Entry Qualification: Successfully completed SLB Level Two (2) Training Programme or National champion in all five events or world rank holder below 100 in singles events or below 75 in doubles events in an open event

Coach Experience: Two years after SLB Level 2

Service to SLB/Province/Sector: Recommendation by the respective association

*In order to become eligible for BWF Level 1 coaching certification, individuals are required to successfully fulfill the requirements set by the Badminton World Federation (BWF). Completion of the BWF prerequisites is essential for aspiring coaches seeking to obtain the BWF Level 1 coaching certification

BWF Level 2:

Successfully completed BWF Level One (1) Training Programme

Service to SLB/Province/Sector: Recommendation by the respective association

Coach Experience: Five years after BWF Level 1

*In order to become eligible for BWF Level 2 coaching certification, individuals are required to successfully fulfill the requirements set by the Badminton World Federation (BWF). Completion of the BWF prerequisites is essential for aspiring coaches seeking to obtain the BWF Level 2 coaching certification

Short Courses for Specialized Coaching Development

Short courses play a crucial role in the specialized coaching development pathway, offering targeted training to meet specific coaching needs and requirements. These courses are designed to provide coaches with focused knowledge and skills in areas that align with their particular coaching objectives. By participating in these short courses, coaches can enhance their expertise and effectiveness in specialized coaching domains, contributing to their overall professional growth and advancement in the field.

| No | Name of Training Programme | Levels | No. of days | Place |
|----|--|------------|-------------|-------------|
| 01 | Shuttle Feeding Level 1 | All Levels | 1 day | Anuradhpura |
| 02 | Shuttle Feeding Level 2 | All Levels | 1 day | Kurunegala |
| 03 | Lows of Badminton for Coaches Part 1 | All Levels | 1 day | Galle |
| 04 | Lows of Badminton for Coaches Part 2 | All Levels | 1 day | Colombo |
| 05 | How to make annual training and competition plan | All Levels | 2 days | Kandy |
| 06 | Nutrition | All Levels | 1 day | Colombo |
| 07 | Anti-Doping Regulations | All Levels | 1 day | Colombo |
| 08 | Physical – Fitness Training and Testing | All Levels | 2 days | Badulla |
| 09 | Sports Psychology | All Levels | 1 day | Ampara |
| 10 | Sports nutrition and parental influence | All Levels | 1 day | Colombo |
| 11 | Coaches Refresher Workshop | All Levels | 2 Days | Colombo |

"Coach's Development Programs and Certification Structure in the Sri Lanka Badminton Association."

The Sri Lanka Badminton Association (SLBA) offers a range of certificates for coach's development programs. These include:

Basic Coaching Certificate: Awarded upon completion of a basic coaching program that covers fundamental coaching techniques, rules and regulations, and basic skills development in badminton.

Intermediate Coaching Certificate (SLB Level One): Awarded to coaches who have completed an intermediate-level coaching program. This certificate involves a deeper study of coaching methodologies, tactical strategies, advanced skills, and player development.

Advanced Coaching Certificate (SLB Level Two): Awarded to coaches who have completed an advanced coaching program. This certificate signifies a higher level of expertise and knowledge in badminton coaching, including advanced training methods, sports psychology, injury prevention, and periodization.

Specialized Coaching Certificates: These certificates are awarded for specialized coaching programs focused on specific aspects of the game, such as singles coaching, doubles coaching, junior player development, or coaching for high-performance athletes. They indicate a coach's specialization in a particular area of badminton coaching.

Coach Educator Certificate: Granted to coaches who have undergone specialized training to become coach educators. This certificate acknowledges their expertise and ability to teach and mentor aspiring coaches.

It is worth noting that the SLBA likely has its own unique certification structure, and the information provided is a summary of the common certificates issued.

Taxonomy of Certifications Offered by the Sri Lanka Badminton Association for Coach Development Initiatives

| No | Level | Details of Certificates Issued |
|----|--------------------------------------|---|
| 01 | Certificate Level (Short Courses) | Shuttle Feeding |
| | | Lowes of Badminton for Coaches |
| | | Nutrition, Sports Psychology |
| | | Physical – Fitness Training and Testing |
| | | Anti-Doping Regulations |
| | | Other |
| 02 | SLB Basic Level | SLB Basic Level Certificates |
| | | Shuttle Time |
| | | |
| | | |
| 03 | SLB Level One | SLB Level 1 (One) Certificate |
| | | Coaches Training Programme (Preliminary Grade) - 5 days course |
| | | Advanced-Grade Certificate – Participants |
| | | |
| 04 | SLB Level Two | SLB Level 2 (Two) Certificate |
| | | Advanced-Grade Certificate- Successfully Completed |
| | | Olympic Solidarity Technical Course for Coaches- Badminton Advanced |
| | | Advanced Sports Coaches Residential Training Programme |
| | | |

- *Need to update with relevant details

Only the Coaching Development Committee has the authority to issue certificates for badminton coaches in Sri Lanka. The coaching certificates will be issued only for the structured coaching courses delivered by the Coaching Development Committee, following the coaching pathway outlined below:

Short Courses/Basic & Province Level Programmes: Participation Certificate

SLB Level 1 and 2 Programmes: Completion Certificate with SLB coaching License